









# **Aged Care Advocacy: Community Information Sessions**

Aged and Disability Advocacy (ADA) Australia, offers free information sessions in the community about aged care advocacy services and how they can assist older Queenslanders.

# What is aged care advocacy?

Aged care advocacy services are available to all older Australians receiving, or eligible to receive, Australian Government funded aged care services. These services are funded by the Australian Government to help older Australians access the supports they need, and to know and uphold their rights when receiving aged care services.

#### Who is ADA Australia?

ADA Australia is the Queensland aged care advocacy service providing free individual advocacy support, information and referrals to older Queenslanders. ADA Australia is a not-for-profit community organisation and our work is independent, confidential, and client focused.

### Why do I need to know about aged care advocacy?

Whether you are starting to look at aged care options or are already receiving some help at home, advocacy support can assist with navigating the aged care system, understanding support options and resolving issues with current services. It will also inform you about your rights when receiving an aged care service and in decision making.

### What do information sessions cover?

- What advocacy is and how it can help
- How the aged care system works and supports available
- Rights and responsibilities when receiving an aged care service
- A rights-based approach and why advocacy is important
- How to seek advocacy help if your rights are not being respected

## What is the format of the session?

Our information sessions are generally held in person – we'll come to you, and are up to 45 minutes. However, we can tailor sessions to a format and timeframe which suits your audience. All sessions are free of charge.

### How can I book a session?

Phone: 1800 818 338

Please email info@adaaustralia.com.au or call 1800 818 338 for more details or to arrange an information session.